

Rights Catalogue

Hiking / Switzerland



Martin Arnold, Urs Fitze

Wilderness Switzerland

Hiking in the most beautiful and untamed regions

978-3-03902-204-5

33.00 EUR

Cover: Paperback with flaps

Extent: 224 pages

Format: 14.5 cm x 22 cm

181 colour photos, 31 maps

Available: 24/04/2023

Rights sold: All rights available

- **Wilderness at our doorstep and in the mountains**
- **30 hikes along impressive nature reserves**
- **Including practical information and maps**

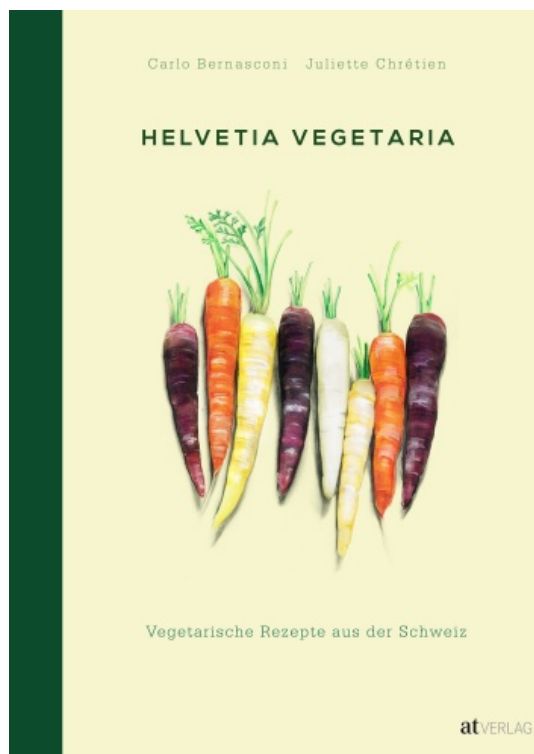
Switzerland is wilder than one might think. You can encounter untouched wilderness not only in remote mountain areas but sometimes practically at your doorstep, in the smaller and bigger nature reserves of the midlands or at the foothills of the Alps.

Martin Arnold and Urs Fitze present 30 fascinating wilderness regions all over the country, each of them with their own unique history: from the enchanted Doubs and Belpau with its beavers to the ice desert of the Aletsch glacier and the multicoloured shimmer of the Stelsersee to the forest reservations in the Onsernone Valley. Apart from numerous deserted nature reserves in the mountains we can also discover smaller, generally less known locations in our close vicinity.

A hiking guide that shows us hidden gems worth protecting. Including access to digital hiking maps and GPS coordinates.

Martin Arnold: Freelance journalist, publisher, and author. He writes for newspapers, magazines, and various information platforms.

Urs Fitze: Freelance journalist and author.



Carlo Bernasconi, Juliette Chrétien

Helvetia Vegetaria

Vegetarian Recipes from Switzerland

978-3-03800-928-3

54.00 EUR

Cover: Quarter bound

Extent: 264 pages

Format: 20.5 cm x 29 cm

86 colour photos

Available: 28/08/2017

Rights sold: All rights available

Awards for this book



- **The first book on vegetarian cuisine in Switzerland with recipes from all corners of Switzerland – famous classics and new discoveries**
- **150 recipes of the vegetarian Swiss cuisine, gently adapted to the spirit of our time**
- **Background texts on the various dishes and Switzerland's vegetarian tradition**

Just like any other region with a strong agricultural character, Switzerland has a rich tradition of vegetarian meals. For many centuries people cooked whatever could be harvested in gardens, fields, and forests, complemented by cheese, milk, butter, and cream in abundance. This resulted in innumerable variations of classics such as rösti, fondue, Alp macaroons and capuns, souffles, gratins, and wähe pies, plus sweet delights such as rüebli cake, merängge, Spanish bread, torta di pane, toétché, and cuchau. Carlo Bernasconi explored old cookbooks, archives, and rural cooking traditions, thereby discovering a treasure chest of recipes that he brought up to date ever so gently. 150 recipes, sorted by regions and accompanied by informative texts on the origins of the dishes and the vegetarian traditions of Switzerland.

Carlo Bernasconi: For many years stock exchange correspondent in Switzerland and editor-in-chief of »Schweizer Buchhandel«, author of various cookbooks (»La cucina verde« and others), manager of a Zurich restaurant for vegetarian Italian cuisine. Passed away in October 2016.

Juliette Chrétien: Born 1986 in Zurich. Photographer, working in the areas of art, design, and culinary art, pursuing her very own aesthetic. She has worked on several cookbooks for AT Verlag, including »Edible City«, »Simple Variety«, and »Ticino ti cucino«.



Hans Joachim Degen, Ragna Kilp

The most beautiful hikes along waters in the Swiss Alps

978-3-03902-109-3

33.00 EUR

Cover: Paperback with flaps

Extent: 272 pages

Format: 14.5 cm x 22 cm

197 colour photos, 50 maps

Available: 28/06/2021

Rights sold: All rights available

- **Invigorating relaxation at quiet lakes and rushing creeks**
- **50 well-researched routes**
- **Stories about people, culture, and historical backgrounds**

From thundering waterfalls to burbling mountain streams and quiet mountain lakes – hikes along the water hold the promise of relaxation and charm in all four seasons. Streams and rivers are most impressive in spring when the snow melts, while in midsummer small lakes invite you to take a plunge. During autumn, water reservoirs are brimful, and winter transforms waterfalls into ice sculptures.

Presenting 50 classics and numerous insider tips, this book takes us to various stretches of waters in the different regions of the Swiss Alps. Enchanting photos and stories about history, geology, culture, and food make us long for some lovely days of hiking. Thanks to detailed descriptions of all routes you are safe throughout. An indispensable book for hikers, nature lovers, and families who love water.

Hans Joachim Degen: In the author's view, the joy of hiking is not only about the walk itself, but also the stories along the way.

Ragna Kilp: Passionate traveller and hiker who explores different regions of the world.



Markus Kellenberger

Sleeping Outdoors

Suitable Equipment, Thorough Preparation, Legal Regulations, and How to Choose the Perfect Spot

978-3-03800-953-5

24.00 EUR

Cover: Cardboard binding

Extent: 152 pages

Format: 16.5 cm x 22 cm

Numerous photos and illustrations

Available: 27/03/2017

Rights sold: All rights available

- **Nights under a sky full of stars**
- **Practical guidelines and many tips from the outdoor specialist**
- **How to turn a night outdoors into an unforgettable experience**

Spending the night outdoors alone, with another person, or the whole family on the edge of a forest, on a clearing, by a stream or lake, is a priceless way to break away from everyday life, and besides the tickling sensation of adventure it will often grant profound insights as well. This book tells us the story of the ancient human need for magical nights under the open sky, and offers us a comprehensive presentation of all the relevant practical information: what is permitted in the different countries of Europe, and what is prohibited? What to be mindful of when looking for a suitable spot? What type of equipment is recommended? Easy step-by-step instructions show us how to build a simple but functional shelter in only a couple of minutes that reliably protects us from wind and weather, or how to build an almost invisible campfire. We learn what to do in windy, rainy, or cold weather, how to shoo away bears or curious cows and protect ourselves with a self-made mosquito repellent. A book for all those who love to swap their mattress now and then for a wonderful nature bed and dreams under the open sky.

Markus Kellenberger: Journalist and editor-in-chief of »Natürlich« magazine with a frenetic addiction to outdoor adventures. On foot, by canoe, or by SUV he travels through deserts, mountains, rivers, and forests and loves to sleep outdoors.



Iris Kürschner

The Tour Matterhorn

Matterhorn trekking, hiking around the world's most beautiful mountain in 9 stages

978-3-03902-123-9

33.00 EUR

Cover: Paperback with flaps

Extent: 192 pages

Format: 14.5 cm x 22 cm

148 colour photos, 14 maps

Available: 14/06/2021

Rights sold: All rights available

- **9 meticulously planned day trips around the Matterhorn**
- **Thrilling background stories**
- **Including a service section and overview maps**

How can we get the best view of the Matterhorn? By hiking around it. The Tour Matterhorn follows breathtaking four-thousand-metre high mountains, lonely Alps, spectacular passes, and wild glacial streams. It leads us to homely mountain huts with astonishing views, romantic villages, six untouched valleys, and three different cultures.

Mountain expert Iris Kürschner reveals how to make the most of the roughly 160 kilometre long trekking route. The nine daily stages are well researched and richly illustrated and contain all the information you need about planning, accommodation, and variations. The length of the tour can be easily adjusted. Some stages are also suitable for weekend trips. Moreover, the author offers information on geology and mountain history, animals and plants, as well as the history and culture of the region.

A book that will quicken the pulse of passionate hikers. Off you go to the greatest landmarks of Switzerland!

Iris Kürschner: Photojournalist and author focusing on outdoor topics in the Alps and Himalayas.



Martina Meier, Alexander Kühn

Schoggi

Swiss chocolate in stories and recipes

978-3-03902-138-3

38.00 EUR

Cover: Hardcover

Extent: 144 pages

Format: 19.5 cm x 26 cm

75 colour photos, ribbon; word count: 17,893

Available: 29/11/2021

Rights sold: All rights available

Awards for this book



- **All about chocolate: manufacturing, history, culture**
- **More than 40 inspirations and sophisticated recipes**
- **Aroma science: what to combine chocolate with and why**

Quick snack or elegant closure of a gourmet dinner: chocolate makes your life sweet, or bitter, or nutty. The creamy melting style of the big chocolate producers has a growing number of competitors. This book portrays innovative Swiss chocolatiers and chocolate makers who are constantly looking for new procedures in their workshops in order to unveil the true potential of the cocoa bean. There is just as much diversity in the gastronomical use of chocolate as there is in its production: creative star chefs present their favourite recipes – from vegan pumpkin »Schoggi« dessert to Norway lobster with cocoa fruit juice and curry. Too complicated? With 21 recipes for cakes and creams, hot and cold dishes, your kitchen becomes a genuine chocolate workshop. A richly illustrated history of chocolate in Switzerland, a sensory journey exploring cocoa aromas, and a detailed glossary round off this delicious book.

Martina Meier: Still life, interior, and above all food photographer for magazines, cookbooks, and restaurants.

Alexander Kühn: Author, restaurant critic, and food journalist. Member of the testing team for »Falstaff« food magazine. Text writer for the books by Andreas Caminada.

Photos: Martina Meier



Andreas Staeger

Caves and Holes

Hikes through the inside of Switzerland

978-3-03902-173-4

33.00 EUR

Cover: Paperback with flaps

Extent: 208 pages

Format: 14.5 cm x 22 cm

189 colour photos, 36 maps

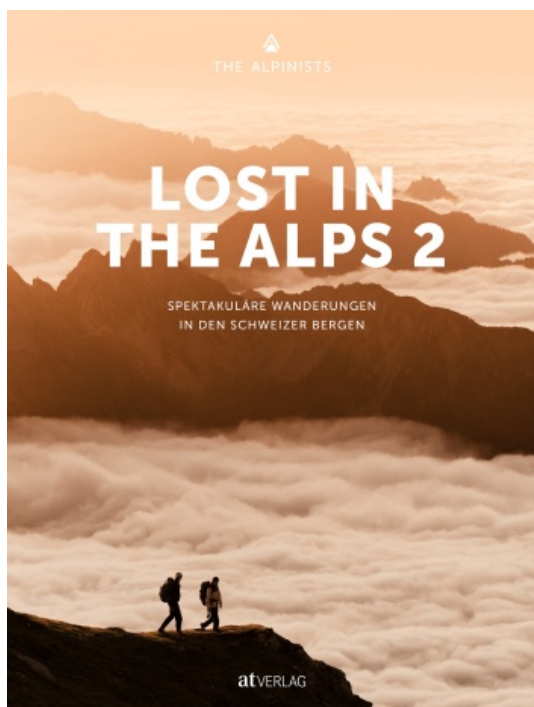
Available: 26/09/2022

Rights sold: All rights available

- **Epic caves all over Switzerland plus some insider tips**
- **35 hikes for nature lovers and families**
- **Featuring practical information and maps**

When you walk in a forest or meadow, through valleys or up the mountain, you take the solid ground beneath your feet for granted. But this perception can be deceiving. The work of glaciers, the powerful erosion brought about by water, as well as human activity were instrumental in creating hollows in various places that grant a fascinating view of the earth's inner life. This hiking guide presents the most beautiful tours to nature's most hidden spots. Apart from well-known cave systems with heavy tourist traffic such as the Saint Beatus cave or the grottos of Vallorbe, you will find many insider tips about ducts, balms, and tunnels that you can explore on your own. Each hiking route has a detailed description and explains the characteristic features of the given region.

Andreas Staeger: Journalist and passionate hiker. Author of several hiking guides. His hiking reports are published in various magazines and newspapers.



The Alpinists, Marco Bäni, Nicola Bonderer, Roman Flepp, Kai Grossmann, Johannes Guler, Joni Hedinger, Valentin Manhart, Rami Ravasio, Jannis Richli, Silvan Schlegel, Fabio Zingg

Lost in the Alps 2

Spectacular hikes in the Swiss Mountains

978-3-03902-217-5

46.00 EUR

Cover: Hardcover

Extent: 312 pages

Format: 21 cm x 28 cm

Colour photos

Available: 25/09/2023

Rights sold: All rights available

- **The mountaineering and hiking book for the Instagram generation**
- **More than 60 hikes with breath-taking photos of the Alps**
- **Eleven friends reaching more than a million people**

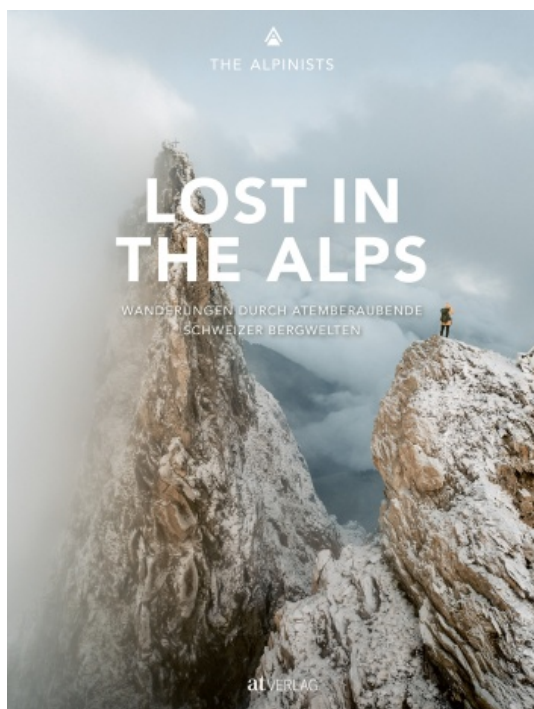
A declaration of love to the Swiss mountain ranges!

With their first book »Lost in the Alps« the Alpinists have very successfully shaken up the hype around the Swiss mountains. Now the collective of 11 friends once again answered the call of the mountains.

Through their spectacular outdoor photography the »young savages« discover vast landscapes where humans can feel wonderfully tiny. They provide tips for photographers and give an account of their adventures and highlights in the Swiss Alps. The more than 60 hiking trails, including some really demanding ones, are complemented by practical information and helpful maps, and take us to hidden mountain lakes, welcoming lodges, and peaks with breath-taking views.

In this book friends of the continuously growing community share their favourite hikes in the Swiss Alps. A delight for the eye that makes us long for adventures.

The Alpinists: are a collective of eleven friends who are passionate photographers, travellers, and adventurers. The group has become the biggest Swiss community for outdoor photography and reaches more than 1 million people via social media channels. Their aim is to inspire young people to go outdoors more often and explore nature.



The Alpinists, Marco Báni, Nicola Bonderer, Roman Flepp, Kai Grossmann, Johannes Guler, Joni Hedinger, Valentin Manhart, Rami Ravasio, Jannis Richli, Silvan Schlegel, Fabio Zingg

Lost in the Alps

Hiking in the Breathtaking Swiss Mountains

978-3-03902-100-0

46.00 EUR

Cover: Hardcover

Extent: 312 pages

Format: 21 cm x 28 cm

358 colour photos, word count: 37,697

Available: 28/09/2020

Rights sold: All rights available

Awards for this book



- **The mountaineering and hiking book for the Instagram generation**
- **11 friends who reach more than 1 million people via social media**
- **66 hiking routes with accommodation options and maps**

Hiking Trips in the Breathtaking Swiss Mountain Ranges

Breathtaking pictures, incredible views, phenomenal sites – all you need to know about this book in a nutshell. The writer collective »The Alpinists«, known for spectacular photos on Instagram, inspires us to dive into the magical world of the mountains. The book is not only a feast for the eye and a great read, but also an invitation to pack our bags and get going. Maps, background information, and hiking tips complement the fantastic images. All members of the collective introduce themselves, including their favourite hiking routes and related stories. The photographs of the group offer various tips on how to take pictures and where to find the best spots for shooting. Throughout the book they put great emphasis on the importance of environmental consciousness and sustainable behaviour in the mountains.

The Alpinists: A collective of eleven friends, all of which are passionate photographers, travellers, and adventurers. The Swiss group has grown steadily and has by now developed into the biggest Swiss community for outdoor photography. It reaches around 1 million people via social media channels. Their aim is to inspire young people to go outdoors more often and explore nature. The collective and their projects support gentle tourism.